

102104T5HSS

HEALTH SERVICES SUPPORT PROVIDER LEVEL 5

MED/OS/HSS/CR/02/5/A

PERFORM HOSPITAL HOUSE KEEPING PROCEDURES

NOV/DEC 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL
(TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 hours

INSTRUCTIONS TO CANDIDATES

1. This paper has three sections A, B and C.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

**This paper consists of 7 printed pages
Candidates should check the question paper to ascertain that all pages are
printed as indicated and that no questions are missing**

SECTION A: (20 MARKS)

Answer ALL questions in this section

Each question is 1 mark.

1. Housekeeping department is responsible for:
 - A. Aesthetic upkeep for patient care areas
 - B. Purchasing hospital commodities
 - C. Preparing patients food
 - D. Administering medicine to patients
2. The best interval of training Housekeeping employees on housekeeping standards is;
 - A. Annually
 - B. Upon hire
 - C. At regular intervals
 - D. During performance reviews
3. The appropriate property for disinfectants is;
 - A. Should have a wide anti-microbial range
 - B. It takes long to act
 - C. It can be affected by environmental factors such as presence of blood
 - D. Should not have residual anti-microbial effect on the treated surface
4. One of the following PPE is a must while working in tuberculosis ward?
 - A. N98 mask
 - B. N95 mask
 - C. Cotton mask.
 - D. Nylon mask
5. Requirements mopping a ward includes;
 - A. Buckets, water, surgical Spirit
 - B. Surgical Spirit, Sodium Hypochlorite, soapy water
 - C. Surgical Spirit, Sodium Hypochlorite, buckets
 - D. Buckets, water, Sodium Hypochlorite

6. To perform any tasks in the order of priority, the first action a housekeeper should do before cleaning a ward is;
 - A. Mop the floor
 - B. Gather the right cleaning agent and equipment
 - C. Remove cobwebs
 - D. Dust surfaces
7. A patient has been discharged home, the empty cubicle should be arranged;
 - A. On admission of a new patient
 - B. Immediately after discharge
 - C. Immediately after cleaning
 - D. The following day
8. The area dedicated for environmental cleaning surfaces should:
 - A. Be labeled with a biohazard sign on the door
 - B. Have small windows
 - C. Contain personal clothing and grooming supplies
 - D. Be far from patient areas to prevent cross-contamination
9. One of the following reagents is used to sterilize plastic instrument after use;
 - A. Alcohol
 - B. Endozyme
 - C. Glutaraldehyde
 - D. Sodium hypochlorite
10. The registers that you will document on after hospital cleaning procedure is;
 - A. Cardex
 - B. MOH register
 - C. Disinfection register
 - D. Incidence report book
11. According to WHO guidelines, the operating tables should be cleaned;
 - A. Weekly
 - B. Twice a day
 - C. After every shift
 - D. In between procedures

12. Contaminated blood infusion set should be disposed in the;
 - A. Black
 - B. Yellow
 - C. Blue
 - D. Red
13. Environmental cleaning equipment should be soaked in sodium hypochlorite when decontaminating for;
 - A. 5-10 minutes
 - B. 10 -15 minutes
 - C. 15- 20 minutes
 - D. 20 – 25 minutes
14. To prevent cross infection one should change to clean gloves ;
 - A. Once you are tired
 - B. In between patients
 - C. After dusting surfaces before you start mopping
 - D. Every half hourly while doing a procedure
15. Signage in health care facility is crucial as it gives;
 - A. Advance direction
 - B. Daily routine of staff
 - C. Minimize time Wastage
 - D. Educates clients on policy
16. One of the following personal protective equipment protects you from soiling your body with contaminated fluids when performing housekeeping procedures;
 - A. Safety boots
 - B. Long-sleeved gown
 - C. Mackintosh apron
 - D. Theatre scrubs
17. The hospital community should be notified of pesticide application;
 - A. 24 hours before application
 - B. Immediately after application
 - C. 72 hours before application
 - D. 72 hours after application

18. The correct statement of peer to peer training is; (1 Mark)
- A. Training of new employees for the job
 - B. Patient educating his or her visitor on the visitor policy
 - C. Senior director writing an article in the employee newsletter about healthcare topics
 - D. One employee educating another on a concept
19. The critical personnel in a multi-sectorial housekeeping planning committee should be;
- A. A representative of the nursing department
 - B. The county minister for health
 - C. The community health volunteer head
 - D. The housekeeping department head
20. The main objectives of laundry services include;
- A. To maximize and control hospital infection
 - B. To reduce cost of the hospital expenditure
 - C. To provide comfortable and pleasant environment
 - D. To impress your employer for salary increment

SECTION B: (40 MARKS)

Answer ALL questions in this section

21. State THREE functions of housekeeping. (3 Marks)
22. Explain THREE signage used during cleaning procedures. (6 Marks)
23. Regular monitoring of housekeeping activities is vital.
- a) Outline THREE housekeeping procedures. (3 Marks)
 - b) Mention THREE equipment and supplies that you will require when mopping. (2 Marks)
24. Outline THREE importance of waste segregation. (3 marks)
25. Highlight FOUR best practices for handling hospital laundry. (4 Marks)
26. Mention FOUR common sites in the hospital that can be infested with pests and rodents. (4 Marks)
27. Identify THREE non-toxic means of integrated pest management (3 Marks)
28. State FOUR principles that are applicable when using personal protective equipment. (4 Marks)
29. Highlight FOUR objectives of hospital housekeeping (4 marks)
30. Outline THREE classification of laundry according to the degree of contamination. (3 Marks)

SECTION C: (40 MARKS)

Answer only TWO Questions in this section

31. Safety to every health care provider is paramount to prevent nosocomial infection to self and others.
- a) Highlight FIVE moments of hand washing. (5 Marks)
 - b) Mention FIVE Personal Protective Equipment (PPEs) stating instances when used. (10 Marks)
 - c) Mention FIVE purpose of documentation in performing hospital housekeeping procedures. (5 Marks)
32. Various Measures has to be taken to ensure environmentally sound management of health care wastes to prevent adverse health and environmental impacts.
- a) Outline FIVE ways of generating health-care waste. (5 Marks)
 - b) Explain FIVE bins used to segregate waste in hospital and give an example of waste in each case. (15 Marks)
33. Clean hospital linen plays a key role in providing friendly environment for the patients' recovery.
- a) Outline FOUR objectives of laundry services in a hospital. (4 Marks)
 - b) Explain EIGHT activities that you will be engaged in when doing hospital laundry. (16 Marks)

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