

102106T4COH

COMMUNITY HEALTH LEVEL 6

HE/OS/CH/CR/07/6/A

Coordinate Community Health Service Strategies

Nov/Dec 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

OBSERVATION CHECKLIST

Time: 1 Hour

INSTRUCTIONS TO THE ASSESSOR

1. You are required to mark the practical as the candidate performs the tasks.
2. You are required to take photos and video clips at critical points.
3. Ensure the candidate has a name tag and registration code at the back and front.
4. The task should be performed within 1 hour

This paper consists of six (6) printed pages.

Assessors should check to ascertain that all the pages are printed as indicated.

OBSERVATION CHECKLIST

Candidate's name			
Candidate's Registration No.			
Assessor's name			
Assessor's ID code			
Unit(s) of Competency			
Venue of Assessment			
Date of assessment			
Items to be evaluated:	Marks allocated	Marks obtained	Comments
Preliminaries			
1. Grooming i. Wore lab coat ii. Closed shoes <i>(Award 1 mark for each correct point, 1x2)</i>	 1 1		
2. Introduction i. Introduced self and created rapport ii. Gave room for the audience to introduce themselves. <i>(Award 1 mark for each correct point, 1x2)</i>	 1 1		
3. Prepared training materials; i. Distributed training materials to the participants <i>(Award 1 mark for each correct point, 1x1)</i>	 1		
TASK 1: Prepared to conduct a training to CHVs on Essential Package for Health (KEPH).			
4. Prepared and shared a session plan <i>(Award 1 mark for each correct point, 1x1)</i>	 1		

<p>5. Shared objectives of the training;</p> <p>i. To train the Community Health Volunteers on the Kenya Essential Package for Health (KEPH) lifecycles cohorts. <i>(Award 1 mark for correct point, 1x1)</i></p>	1		
TASK 2: Conducted training on the Kenya Essential Package for Health (KEPH) lifecycles cohorts.			
<p>6. Trained the CHVs on the Kenya Essential Package for Health (KEPH) lifecycles cohorts.</p> <p>COHORT 1: Pregnancy, Delivery and Newborn</p> <p>COHORT 2: Early Childhood (2 Weeks to 5 Years)</p> <p>COHORT 3: Late Childhood (6-12 Years)</p> <p>COHORT 4: Adolescence and Youth (13-24 Years)</p> <p>COHORT 5: Adults (25-59 Years)</p> <p>COHORT 6: Elderly Persons (over 60 Years)</p> <p><i>(Award 1 mark for correct point, 1x6)</i></p>	1 1 1 1 1 1		
TASK 3: Conducted training on FOUR key health messages for each of the Kenya Essential Package for Health (KEPH) lifecycles cohort.			
<p>7. Trained the CHVs on four key health messages for each Kenya Essential Package for Health (KEPH) lifecycles cohort.</p> <p>COHORT 1: Pregnancy, Delivery and Newborn</p> <p>i. Sleep under insecticide-treated nets (ITNs) to prevent malaria.</p> <p>i. Help a pregnant woman prepare a birth plan that is</p> <p>Know the warning signs during pregnancy and childbirth and have plans and resources for getting immediate skilled help.</p> <p>ii. Remind community members that physical abuse of</p>	1 1 1 1		

<p>iii. women for any reason is dangerous and unacceptable.</p> <p>iv. Encourage pregnant women to attend at least four ANC visits before delivery.</p> <p>v. Encourage all pregnant mothers to sleep, what to do when the time comes.</p> <p><i>(Award 1 mark for correct point, 1x4)</i></p>			
<p>COHORT 2: Early Childhood (2 Weeks to 5 Years)</p>			
<p>i. Immunize all children during the first year of life to protect against diseases.</p> <p>ii. Give all children Vitamin A supplementation.</p> <p>iii. Monitor the child's growth every month from birth to age two, and thereafter when a child has a health problem.</p> <p>iv. Keep a child with cough or cold warm and continue normal feeding and drinking.</p> <p>v. Ensure children sleep under ITNs to prevent malaria.</p> <p>vi. Have a child with a fever examined immediately by a trained health worker and receive an appropriate anti-malaria treatment as soon as possible.</p> <p><i>(Award 1 mark for correct point, 1x4)</i></p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>		
<p>COHORT 3: Late Childhood (6-12 Years)</p>			
<p>i. Ensure all children attend primary school.</p> <p>ii. Ensure children receive an adequate balanced diet, three meals a day.</p> <p>iii. Respond to child's need for care by playing, talking with and providing a stimulating environment to promote mental and psychological development.</p> <p>iv. Seek health care as soon as an illness appears or is suspected.</p> <p><i>(Award 1 mark for correct point, 1x4)</i></p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>		
<p>COHORT 4: Adolescence and Youth (13-24 Years)</p>			

<p>i. Seek health care as soon as an illness appears or is suspected.</p> <p>ii. Sleep under ITNs to prevent malaria.</p> <p>iii. Remember that abstinence is the safest way to prevent STDs and HIV infection.</p> <p>iv. Delay sexual activity as long as possible.</p> <p><i>(Award 1 mark for correct point, 1x4)</i></p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>		
COHORT 5: Adults (25-59 Years)			
<p>i. Remember that all people are at risk of HIV/ AIDS; use condoms to reduce this risk.</p> <p>ii. If you suspect that you might be infected with HIV, contact a health worker or a VCT center to receive confidential counselling and testing.</p> <p>iii. Reduce the risk of getting HIV through sex by not having sex</p> <p style="padding-left: 40px;">a. at all or by being faithful to one partner, whose only partner is you.</p> <p>iv. Parents and teachers, help young people protect themselves from HIV/AIDS by talking with them about how to avoid getting and spreading the disease.</p> <p><i>(Award 1 mark for correct point, 1x4)</i></p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>		
COHORT 6: Elderly Persons (over 60 Years)			
<p>i. Seek health care as soon as illness appears or is suspected.</p> <p>ii. Use ITNs when sleeping to prevent malaria.</p> <p>iii. Treat drinking water at point of use.</p> <p>iv. Follow instructions given at the health facility for any service.</p> <p>v. Take regular exercise to the extent of ability.</p> <p>vi. Go for regular medical check-ups.</p> <p><i>(Award 1 mark for correct point, 1x4)</i></p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>		
8. Engaged the audience			

i. Allowed audience to ask questions and responded to them appropriately. <i>(Award 1 mark for each correct point, 1x1)</i>	1		
9. Communication skills i. Maintained eye contact ii. Audibility <i>(Award 1 mark for each correct point, 1x2)</i>	1 1		
10. Concluded the training i. Summarized the training ii. Thanked the audience <i>(Award 1 mark for each correct point, 1x2)</i>	1 1		
TOTAL	42		
ASSESSMENT OUTCOMES			
The candidate was found to be: <input type="checkbox"/> Competent <input type="checkbox"/> Not yet competent <i>(Please tick as appropriate)</i> <i>(The candidate is competent if s/he gets 50% or higher)</i>			
Feedback from candidate:			
Feedback to candidate:			
Candidate's signature:	Date:		
Assessor's signature:	Date:		