

**09206T4PTT**

**PERIOPERATIVE THEATER TECHNOLOGY LEVEL 6**

**HE/OS/TT/CC/06/6/A**

**PROVIDE HEALTH EDUCATION AND PROMOTION SERVICES**

**July/Aug 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**WRITTEN ASSESSMENT**

**3 HOURS**

**INSTRUCTIONS TO CANDIDATE**

1. This paper consists of two sections; **A** and **B**
2. Answer **ALL** the question as guided in each section
3. Marks for each question are as indicated in the brackets
4. You are provided with a separate answer booklet to answer the questions
5. Do not write in this question paper

**This paper consists of THREE (3) printed pages**

**Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing**

**SECTION A (40 MARKS)**

*Answer ALL questions in this section*

1. Health education is a critical component of public health. Explain the meaning of the term health education. (2 Marks)
2. You are working in your community on different health education programs. Explain TWO community health needs assessment techniques you will use. (4 Marks)
3. Adult health education focuses on providing health-related information and skills to adults to promote well-being, State FOUR characteristics of adult learners. (4 Marks)
4. Evaluation is a crucial component of health education that ensures programs are effective. Highlight THREE types of health education evaluation. (3 Marks)
5. Human needs and wants are fundamental concepts in health education and promotion. Differentiate between a need and a want. (4 Marks)
6. Effective health communication is essential for public health, healthcare delivery, and health promotion. Highlight FOUR barriers to effective health communication. (4 Marks)
7. Monitoring and evaluation are a key component of any health program. State FIVE differences between monitoring and evaluation (5 Marks)
8. A good health education report should have a conclusion. State FOUR characteristics of a good conclusion. (4 Marks)
9. Health promotion is a proactive and comprehensive approach to health. State THREE aims of health promotion. (3 Marks)
10. Mass approach aims to achieve widespread health improvements by implementing policies, programs, and interventions that reach large numbers of people. State THREE components of mass approach in health promotion (3 Marks)
11. Health education objectives are goals that guide the planning, implementation, and evaluation of health education programs. State FOUR characteristics of good objectives. (4 Marks)

**SECTION B: (60 MARKS)**

*Answer any **THREE** questions in this section*

12. There are determinants of health that direct how health educators plan their health education activities in the community.
- a) Differentiate between a determinant of health and health educator. (4 Marks)
  - b) Discuss EIGHT determinants of health in human population. (16 Marks)
13. Health education and promotion is anchored on different approaches used in disease prevention measures.
- a) Explain THREE levels of disease prevention. (6 Marks)
  - b) Discuss the SIX steps to use when conducting training for organized groups. (12 Marks)
  - c) Identify the TWO wastes generated when conducting training for organized groups. (2 Marks)
14. You are preparing for a community health education in your area. One of the things you are looking for into is appropriate teaching method.
- a) Explain the meaning of teaching method. (2 Marks)
  - b) Describe SIX teaching methods you can choose from. (18 Marks)
15. Health promotion strategies can develop and change lifestyles, and have an impact on the social, economic and environmental conditions that determine health.
- a) State FOUR goals of health promotion (4 Marks)
  - b) Discuss the SIX health promotion strategies. (12 Marks)
  - c) Highlight FOUR advantages of storing materials not used during health education and promotion. (4 Marks)

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