

**102104T4COH**

**COMMUNITY HEALTH WORKER LEVEL 4**

**HE/OS/CH/CR/02/4/A**

**Conduct Community-Based Healthcare**

**July/August 2023**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**PRACTICAL ASSESSMENT**

**1 Hour**

**INSTRUCTIONS TO CANDIDATE**

1. Mental health issues have been on the rise in Kenya. As a community health worker, you have been invited to provide a health talk to youths in your community on mental health. You are required to perform the following tasks:
  - a) Give a health talk on mental health under the following topics;
    - i. Examples of mental disorders.
    - ii. Causes of mental disorders.
    - iii. Symptoms of mental disorders.
    - iv. Preventive measures for disorders.
    - v. Management options for patients with mental disorders.
2. The assessor will record your performance at critical points using audio-visual means.
3. The following resources will be provided to you:
  - a) A room
  - b) Whiteboard marker

- c) Whiteboard cleaner
- d) Audience
- e) Table and Chairs
- f) Stationeries (Pens and Notebooks)

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