

102105T4COH

Community Health Level 5

HE/OS/CH/CR/05/6/A

Conduct Community Health Service Strategies

July/August 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

TIME: 3 HOURS

INSTRUCTIONS TO CANDIDATES

1. This paper has three sections **A**, **B** and **C**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

This paper consists of Seven (7) printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A: (20 MARKS)

Answer all questions in this section. Each question carries 1 Mark

1. The constitution of Kenya 2010 devolved the health services from national to county government. Identify from the following, the goal of devolving health services.
 - A. To strengthen the services offered by county government
 - B. To allow greater autonomy to county government hospitals.
 - C. To empower the people and promote their self-reliance
 - D. To make health services more accessible to the people
2. Choose from the following options, the services offered at Level I of Kenyan health system.
 - A. Primary health care services
 - B. Secondary health care services
 - C. Intermediate health care services
 - D. Tertiary health care services
3. Select from the following, who is in charge of community health committees.
 - A. Community health extension workers
 - B. Community health workers
 - C. Community health volunteers
 - D. Health facility management committee
4. Which of the following characteristic is considered in the recruitment of community health volunteers?
 - A. Should be financially stable.
 - B. Should have prior experience in community work.
 - C. Should be of sound mind
 - D. Should be married within that community.
5. Identify the aim of a referral system in Kenya from the options below.
 - A. Provide detailed logical framework approach.
 - B. Improved the access of services to clients.
 - C. Provide access to appropriate information system.
 - D. Provide access to the use of complex technology.
6. Which one of the following is an aim of providing antenatal care services in the community?

- A. To Increase the rate of pregnancy among women of reproductive age
 - B. To enhance child spacing
 - C. To regulate fertility.
 - D. To have a delivery plan
7. Which among the following factors promotes community participation in community programs?
- A. Give them stipends.
 - B. Giving them only technical responsibilities
 - C. Giving feedback on program progress.
 - D. Identifying their problems.
8. Select from the following, the governing health structure to the community.
- A. Divisional health stakeholder forum
 - B. District health management board
 - C. Community health committee
 - D. Health service board
9. _____ is a term that describes allocation of resources and services to community members based on their needs.
- A. Equality
 - B. Equity
 - C. Justice
 - D. Kindness
10. Identify from the following, a factor that determines the area coverage for a community health assistant.
- A. Non-governmental organizations funding the projects
 - B. Population of the area
 - C. Number of Community health volunteers in the area.
 - D. Number of health facilities in the area.
11. Choose from the following, the number of life cycle cohorts as provided by the Kenya essential package for health under National Health Sector Strategic Plan II for health service delivery at level 1.
- A. 5

- B. 4
 - C. 6
 - D. 7
12. Which of the following is a reason for referring clients from the community to higher level of healthcare?
- A. Inadequate community Health Volunteers (CHVs)
 - B. Government directive.
 - C. Some diagnosis cannot be handled at community level.
 - D. It is a function of the community health volunteer
13. Identify from the following, the role of Community health volunteer in defaulter tracing.
- A. Reporting back for monitoring and evaluation.
 - B. Organizing community outreaches to reach defaulters.
 - C. Awarding community members who come for medication to motivate them.
 - D. Conducting census.
14. Community health strategy provides a structure for the management of ailments and injuries within the community. Which of the following ailment is not managed at community level?
- A. Diarrhea
 - B. Cholera
 - C. Pneumonia
 - D. Malnutrition
15. _____ is a service offered by community health volunteers.
- A. Communicable disease investigation
 - B. Growth monitoring
 - C. Rehabilitation
 - D. Diagnosis of non-communicable diseases
16. Which of the following is a pillar of primary health care?
- A. Provision of health education
 - B. Community participation
 - C. Decentralization of health care
 - D. Human rights.
17. From the following options, identify the role of County Health Management Teams.

- A. Training of level 2 and 3 service providers
 - B. Overseer in selection of community health volunteers.
 - C. Collection of health data
 - D. Performing defaulter tracing
18. Choose from the following, the correct order of the steps involved in community diagnosis?
- A. Community entry, data collection, feedback, data analysis, prioritization
 - B. Community entry, data collection, prioritization, data analysis, feedback
 - C. Community entry, data collection, data analysis, feedback and prioritization
 - D. Community entry, data collection, data analysis, feedback and action planning
19. When a community health officer determines whether resources were maximized in implementing a jigger control program, which of the following is s/he evaluating?
- A. Efficiency
 - B. Adequacy
 - C. Effectiveness
 - D. Appropriateness
20. -----is not a vaccine preventable disease?
- A. Polio
 - B. Asthma
 - C. Measles
 - D. Hepatitis B

SECTION B: (40 MARKS)

Answer all questions in this section

21. Define the following terms:
- a) Community. (2 Marks)
 - b) Health. (2 Marks)
22. Supportive supervision of community health volunteers aims to improve the quality of health service delivery in the community. State FOUR qualities of an outstanding community health volunteer. (4 Marks)
23. Highlight FOUR reasons for participatory planning during the Community partnership process. (4 Marks)
24. Identify FOUR services offered at level one of health service delivery. (4 Marks)
25. Stimulating active participation of community members is important during training. Outline THREE training methods you can use when conducting trainings in the community. (3 Marks)
26. Mention FOUR factors that influence health of a community. (4 Marks)
27. Health messages for all lifecycle cohorts are obtained based on Kenya Essential Package for Health. Enumerate any FIVE messages to be included for adulthood. (5 Marks)
28. Identify FIVE elements of Community Health Strategies. (5 Marks)
29. Mention FOUR community health practices which may inform health agenda policies (4 Marks)
30. Outline THREE reasons for appraising community health volunteers. (3 Marks)

SECTION C: (40 MARKS)

Answer any two questions in this section

31. As a community health assistant of Syombu community health unit, you attended training on exclusive breast feeding. You are required to prepare a work plan to disseminate the information to your community health volunteers and community members.
- a) Explain FIVE benefits of developing a workplan for training. (10 Marks)
 - b) Analyze FIVE strategies the government can use to promote effective health service delivery of Community Health Workers. (10 Marks)
32. Uzima community-based organization has come up with a new health program to be launched in a neighboring community health unit. As a member of the organization, you have been tasked to conduct a community entry for the program.
- a) Define the term community entry. (2 Marks)
 - b) Explain FOUR steps you will use to conduct community entry process. (8 Marks)
 - c) Explain FIVE reasons contributing to the failure of programs at implementation stage. (10 Marks)
33. As a community health assistant, you have been approached by a local Non-Governmental Organization (NGO) to partner with them in addressing health concerns of your community. The NGO representative has asked you to make a presentation to their team on partnership strategies that could be considered.
- a) Describe FIVE partnership strategies that you can include in your presentation. (10 Marks)
 - b) Explain FIVE challenges facing partnerships in Kenya today. (10 Marks)

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