

Developing Community Health Programs

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1. Introduction

- A community health program is a planned set of activities to address identified health needs.
- Good design ensures programmes are effective and sustainable.

2. Planning Stage

- Use needs assessment findings to set clear, measurable objectives.
- Identify the target group and the resources required.

3. Designing Activities

- Choose strategies that match the problem, such as education or screening.
- Plan a realistic timeline and assign roles and responsibilities.

4. Implementation

- Carry out activities with the community and health team.
- Coordinate resources, staff, and supplies effectively.

5. Monitoring and Evaluation

- **Monitoring:** track progress against the plan during implementation.
- **Evaluation:** assess whether objectives and outcomes were achieved.
- Use findings to improve future programmes.

6. Summary

- Developing community health programs involves planning from identified needs, designing activities, implementing them, and evaluating outcomes for improvement.