

# Introduction to Acting

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### 1. Definition

- Acting is the craft of portraying a character convincingly through voice, movement, and emotional truth, for stage, film, or other media.

### 2. Core Elements of Acting

- **Voice:** projection, clarity, and vocal expression.
- **Body:** physical presence, gesture, and movement.
- **Emotion:** accessing and expressing genuine feeling appropriate to the character.

### 3. Types of Performance

- Theatre (live, stage-based), film/television (camera-focused, more subtle), and voice acting (audio-only performance).

### 4. The Actor's Toolkit

- Imagination, observation of real human behavior, physical control, and emotional availability.

### 5. Why Technique Matters

- Raw talent alone is inconsistent; trained technique allows an actor to reliably access truthful performance night after night or take after take.