

091205T4PTT

PERIOPERATIVE THEATER TECHNOLOGY 5

HE/OS/TT/CC/06/5/A

Provide Health Education and Promotion Services.

Nov/Dec 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 Hours

INSTRUCTIONS TO CANDIDATES

1. This paper has three sections **A**, **B** and **C**.
2. Marks for each question are as indicated.
3. You are provided with a separate answer booklet.
4. Do not write on the question paper.

This paper consists of 7 printed pages.

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: (20 MARKS)

Answer ***all*** questions in this section.

Each question carries one Mark.

1. What is the primary goal of health promotion?
 - A. Disease treatment
 - B. Disease prevention
 - C. Disease diagnosis
 - D. Disease management
2. Which of the following is an example of a modifiable risk factor for cardiovascular disease?
 - A. Age
 - B. Gender
 - C. Family history
 - D. Smoking
3. Which of the following is NOT a social determinant of health?
 - A. Income
 - B. Education
 - C. Occupation
 - D. Physical activity level
4. Which level of prevention focuses on early detection and treatment of disease?
 - A. Primary prevention
 - B. Secondary prevention
 - C. Tertiary prevention
 - D. Quaternary prevention
5. What is the purpose of health education?
 - A. To provide medical treatment
 - B. To promote health behaviors
 - C. To diagnose diseases
 - D. To manage chronic conditions
6. The acronym SMART, in the context of goal setting, stands for:
 - A. Simple, Manageable, Achievable, Realistic, Timely
 - B. Specific, Measurable, Achievable, Relevant, Time-bound