

102105T4COH

COMMUNITY HEALTH LEVEL 5

HE/OS/CH/CC/01/5/A

APPLY NUTRITION IN COMMUNITY HEALTH

NOV/DEC 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 Hours

INSTRUCTIONS TO CANDIDATE

1. The paper consists of three sections: **A, B** and **C**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

This paper consists of six (6) printed pages.

**Candidate should check the question paper to ascertain that all pages
are printed as indicated.**

SECTION A: (20 MARKS)

Answer ALL the questions in this section.

1. Which of the following disease is caused by deficiency of thiamine?
 - A. Rickets
 - B. Jaundice
 - C. Beriberi
 - D. Scurvy
2. The acronym PUFA stands for _____
 - A. Poly unsaturated fatty acids
 - B. Poly unhealthy fatty acids
 - C. Poly unused fats and acids
 - D. Poly unsolved fats and acids
3. Choose from the following, the leading cause of type II diabetes in the community.
 - A. Iron deficiency
 - B. Vitamin A deficiency
 - C. Over nutrition
 - D. Mineral deficiency
4. _____ is the chemical name of vitamin B3?
 - A. Carotene
 - B. Scurvy
 - C. Methionine
 - D. Niacin
5. Identify from the following, an activity of food distribution.
 - A. Cooking
 - B. Harvesting
 - C. Packaging
 - D. Utilization
6. Choose from the following, a fat-soluble vitamin.
 - A. Vitamin B12
 - B. Vitamin K
 - C. Vitamin C
 - D. Vitamin B9