

102104T4COH

COMMUNITY HEALTH LEVEL 4

HE/OS/CH/CC/01/4/A

APPLY NUTRITION IN COMMUNITY HEALTH

July/August 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATE

1. This paper consists of two sections; **A** and **B**
2. Answer **ALL** the questions as guided in each section
3. Marks for each question are as indicated in the brackets
4. You are provided with a separate answer booklet to answer the questions
5. Do not write in this question paper

This paper consists of FIVE (5) printed pages

**Candidates should check the question paper to ascertain that all pages are printed as
indicated and that no questions are missing**

SECTION A: [10 MARKS]

Answer ALL questions in this section.

1. The United Nations Sustainable Development Goal number 2 aims at ending hunger, achieving food security and improving nutrition. Food insecurity is described as?
 - A. Food that is unfit for human consumption
 - B. Lack of various nutrients in the body as recommended.
 - C. When people have access to sufficient, safe, nutritious food to maintain health and active life.
 - D. Where there is physical, economic and social unavailability of food or inadequate food utilization.
2. Malnutrition has various causes. Select an immediate cause of malnutrition from the list below.
 - A. Inadequate care for women and children
 - B. Cultural factors
 - C. Diseases
 - D. Insufficient money
3. Which of the following is an effect of iodine deficiency to the baby during pregnancy.
 - A. Reduced circumference
 - B. Miscarriage and neural tube defects
 - C. Cretinism
 - D. Congenital malformation
4. Identify a factor that affects food availability from the list below.
 - A. Size of land
 - B. Age
 - C. Low income
 - D. Food preparation method
5. At what age should complimentary food be introduced to infants?
 - A. 5 months
 - B. 3 months
 - C. 4 months