



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

Qualification Code : 102104T4COH
Qualification : Assistant Community Health Officer Level 4
Unit Code : HE/OS/CH/CC/01/4/A
Unit of Competency : Apply Nutrition in Community Health

ASSESSOR'S GUIDE WRITTEN ASSESSMENT

This paper consists of SEVEN (7) pages

SECTION A: (Award one mark each)

1. What is food security? **(1 mark)**
 - A. Ability to protect
 - B. **Availability of food and one's access to it.**
 - C. It is the interaction of nutrients and other substances.
 - D. Provision of food by the government
2. Which of the following Listed below is a list of shareholder in food security in Kenya? **(1 mark)**
 - A. USAID Organization
 - B. Community Based Organization
 - C. Kenya breweries limited
 - D. **Kenya cereals and produced board**
3. There are 7 major classes of nutrients, namely carbohydrate's fats fiber, minerals, protein, vitamins and water. Which one is essential to growth and repair of muscles and other body tissues? **(1 mark)**
 - A. Fats
 - B. Carbohydrates'
 - C. **Proteins**
 - D. Water
4. Which one among the diseases stated below is a disease caused by malnutrition? **(1 mark)**
 - A. **Obesity**
 - B. Flu
 - C. Malaria
 - D. Tuberculosis
5. Which one of the diseases stated below is a chronic disease? **(1 mark)**
 - A. Typhoid
 - B. Malaria
 - C. **Diabetes**
 - D. Sleeping sickness